

## Pulmonary Function Course – Module 4

SLEEP & BREATHING – Friday 13<sup>th</sup> December 2019

- 08.30 Welcome coffee
- 09.00 Breathing and sleep : from physiology to pathophysiology  
(of obstructive sleep apnoea, central sleep apnoea and sleep hypoventilation)  
*Dr. J. Verbraecken, MD, PhD – UZ Antwerpen*
- 09.55 Scoring sleep breathing abnormalities using poly(somno)graphy  
*Dr. M. Bruyneel, MD, PhD – ULB-Hopital Saint Pierre*
- 10.30 Coffee break
- 10.45 Definition, clinical picture and epidemiology of obstructive and central sleep apnoea  
*Dr. G. Maury, MD, PhD – Clin.St.Luc Bouge*
- 11.15 Consequences of obstructive sleep apnoea : cardiovascular, metabolic consequences and implications for driving  
*Dr. F. Bauters MD – UZ Gent*
- 11.45 Multidisciplinary approach of obstructive sleep apnoea.  
*Dr. K. Hertegonne, MD, PhD – UZ Gent*
- 12.15 Lunch
- 13.45 Diagnosis of sleep apnoea : what can be expected in the future ?  
*Dr. J-B. Martinot, MD – CHU Namur*
- 14.15 Multidisciplinary approach of central sleep apnoea and sleep hypoventilation due to neuromuscular disease  
*Dr. B. Buyse, MD, PhD – KU Leuven*
- 14.45 CPAP, APAP, ASV, BiPAP, NIV, ... : what is this all about ?  
*Dr. B. Buyse, MD, PhD – KU Leuven*
- 15.00 Interactive workshop with real life cases : who to send for sleep investigation - what is the interpretation of the (trends in the) report - how to proceed ?  
*In Dutch : Dr. D. Testelmans, MD, PhD - KU Leuven*  
*In French : Dr. G. Liistro, MD, PhD – UCL-Woluwé*
- 16.00 End