



## FRIDAY 22<sup>th</sup> MARCH 2024

### PULMONARY FUNCTION COURSES

#### MODULE III: Sleep and exercise testing / PART II: On campus sessions

|       |   |       |   |
|-------|---|-------|---|
| 08.00 | <b>Welcome &amp; breakfast</b>  | 13.30 | <b>Therapeutic choices for sleep disturbances</b><br><i>Prof. Dr. Katrien Hertegonne (UGent)</i><br>Multidisciplinary approach of OSAS: education, positional therapy, oral devices, upper airway surgery, CPAP   |
| 09.00 | <b>Exercise testing – endurance testing physical activity: practicalities (theory)</b><br><i>Prof. Dr. Thierry Troosters (KULeuven)</i><br>Practical organisation of a symptom-limited exercise test and of a functional test.<br>How to measure physical activity in practice. | 14.15 | <b>Q&amp;A</b>  |
| 09.45 | <b>Q&amp;A</b>  | 14.30 | <b>CPAP, APAP, ASV, BiPAP, NIV, ... : what is this all about ?</b><br><i>Prof. Dr. Bertien Buyse (KULeuven)</i><br>Description of the equipment, the different modes and settings and their use to support breathing in a variety of diseases   |
| 10.00 | <b>Practical interpretation of exercise testing – interpretation algorithms</b><br><i>Prof. Dr. Eric Marchand (UCL – UNamur)</i><br>Systematic approach, criteria of maximal test, cardiovascular, ventilator, peripheral limitation  | 15.15 | <b>Q&amp;A</b>  |
| 10.45 | <b>Q&amp;A</b>  | 15.30 | <b>Coffee-break</b>   |
| 11.00 | <b>Coffee-break</b>   | 15.45 | <b>Interactive workshop with real life polysomnography (cases)</b><br><i>Prof. Dr. Marie Bruyneel (CHU Saint-Pierre, Bruxelles)</i><br><i>Prof. Dr. Bertien Buyse (KULeuven)</i><br><i>Prof. Dr. Katrien Hertegonne (UGent)</i> <ul style="list-style-type: none"><li>• Who to send for sleep investigation ?</li><li>• How to proceed when interpreting a polysomnography ?</li><li>• What are the therapeutic options ?</li></ul> |
| 11.30 | <b>Exercise testing</b><br><i>Prof. Dr. Thierry Troosters (KULeuven)</i><br><i>Prof. Dr. Eric Marchand (UCL – UNamur)</i>   | 17.15 | <b>End</b>  |
| 12.15 | <b>LUNCH</b>  |       |   |



#### VENUE

**E-Health Valley** (New BeRS Offices)  
Allée de la Recherche 10 Researchreef  
Bruxelles 1070 Brussel  
Metro Erasme - 3<sup>rd</sup> floor (Auditorium)

#### MORE INFOS

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